



Ackworth Road Runners Committee Meeting Summary 27th October 2021

7.30pm Ackworth Cricket Club

Present:

Chris Taylor	Chair	CT
Stewart Haigh	Treasurer	SH
Steve Berry	Secretary	SJB
Joe Worthington		JW
Dave Allison		DA
Ruth Walker		RW

Apologies for absence

Tom Camponi, Emma Flanagan, Chris Field, Mark Leadbeater, Mel Owen, Chris Sharp, Jenny Swindell, Helen Wainwright.

Previous Minutes

The minutes of the meeting held on 29th September were accepted as a true record with no matters arising.

Chairman's Slot

CT commented on the excellent club turnouts at the GP Barnsley parkrun, The Team Reggie Event Day/Virtual VLM and the Yorkshire Coast 10k.

He also confirmed that the Club Christmas meal will be at Ego, Ackworth on Sunday 12th December after the GP race at the Great Sprout Scuttle. This will be £26.95 for 3 courses. Further details to be posted in the next few days.

Secretary's Slot

SJB reported that Debbie Worthington had resigned from the Committee with immediate effect and recorded the thanks of the club for her service as a Committee member. Debbie remains as one of our LiRF Run Leaders.

ARR Juniors

RW reported that the Juniors training continued to be well attended and that plenty of the Juniors had signed up for PECO.

Emergency First Aid at Work Course

RW reported that just one place remained on the course scheduled for the 13th November at Nostell.

Action: RW to advertise the place on the Member's Page.

Kit News

DA stated that there was currently little to report. No new order had yet been placed with Ron Hill while the current stocks are adequate.

Captains' Slot

JW reported recent achievements:

Club records broken since the last meeting:

- Marathon:
Sarah Hunter
Sue Francis
- 10k:
Rebecca Winter
- Lots of PB's achieved including 16 at marathon distance, 6 at half marathon and 9 at 10k.

Ackworth Half Marathon 2022

SH confirmed that the 2022 Ackworth Half Marathon won't take place on the traditional Easter Monday slot as it's unlikely to be viable.

A series similar to this year's Clouds Series may be considered instead.

Action: RW to liaise with the management at Frickley Estate to assess if an event is feasible there.

Any Other Business

- SJB – Mel Owen is liaising with Burntwood re next February's Awards Night.
- SH – The club will make a donation in gratitude for the help from Frickley in hosting the Clouds Series. CT will liaise with them.
- SH – The old Webeden website will close down permanently on December 31st. We need new email address options after that date.
- SH – Members have until 15th December to submit a virtual half marathon time to qualify for an age grading award for 2021. Garmin, Strava or similar evidence will be required.

- 2022 Grand Prix: We are not yet in a position to finalise the 2022 GP but likely inclusions are (assuming they go ahead):
 - 2 x PECO (Jan/Feb)
 - Dewsbury 10k
 - Norton 9
 - Askern 10k
 - Askern 10 mile
 - Yorkshire Coast 10k
 - Tadcaster 10 mile
 - Doncaster 10k
 - 4 x parkrun
- Weekly Training – A general discussion took place regarding weekly pace groups at training. The consensus was that 8/9, 9/10, 10/11 etc was too wide a range and that starting in November, they would be more specific ie 8 min mile, 9 min mile, 10 min mile etc. Jeffing groups will be unchanged. Training structure will continue to be monitored and reviewed.

There being no further business, the meeting closed at 2115.

Date of Next Meeting

Wednesday 1st December 2021 at 7.30pm at Ackworth Cricket Club.