

Lockdown Countdown 10: Cumulative Times

Name	4m	3m	2m	1m	10m total
David Hughes	00:26:38	00:19:34	00:12:27	06:02	01:04:41
Mark Leadbeater	00:30:08	00:20:38	00:12:54	06:01	01:09:41
Darren Horobin	00:29:01	00:21:17	00:13:52	06:35	01:10:45
Charlie Lines	00:31:09	00:20:41	00:13:08	06:15	01:11:13
Kevin Guttridge	00:30:33	00:21:57	00:13:34	06:24	01:12:28
Nicolas Daudet	00:30:48	00:21:45	00:14:08	06:32	01:13:13
Alister Nicholl	00:31:03	00:22:15	00:13:52	06:24	01:13:34
William Walker	00:30:36	00:22:17	00:14:31	06:40	01:14:04
Julie Stafford	00:29:56	00:22:11	00:14:43	07:23	01:14:13
Robert Milner	00:32:15	00:23:07	00:14:43	06:53	01:16:58
Peter Grimoldby	00:32:08	00:23:03	00:15:21	07:12	01:17:44
Laura Mcadam	00:32:49	00:23:55	00:14:54	06:55	01:18:33
Charlotte Smith	00:32:28	00:25:05	00:15:01	06:51	01:19:25
Debbie Sidwell	00:33:42	00:24:32	00:15:03	07:02	01:20:19
Thomas Macklam	00:33:48	00:24:12	00:15:17	07:03	01:20:20
Terry Mottram	00:34:43	00:24:08	00:14:55	06:45	01:20:31
Kelly Gill	00:34:42	00:23:38	00:15:20	07:05	01:20:45
Ruth Walker	00:34:14	00:24:49	00:15:42	06:59	01:21:44
Simon Bennett	00:31:17	00:27:13	00:17:08	06:20	01:21:58
Catherine Warren	00:34:49	00:24:19	00:15:29	07:22	01:21:59
Jurie Swanepoel	00:38:12	00:23:03	00:14:27	06:41	01:22:23
Colin Turner	00:35:14	00:25:19	00:15:41	07:12	01:23:26
Gemma Lund	00:35:27	00:24:57	00:15:51	07:24	01:23:39
Martyn Stearn	00:34:13	00:25:26	00:16:29	07:32	01:23:40
Liane Warren	00:35:11	00:24:50	00:16:33	07:25	01:23:59
Olivia Gardner	00:35:00	00:25:40	00:16:04	07:18	01:24:02
Mark Hull	00:34:45	00:25:52	00:16:18	07:33	01:24:28
Louise O'Marr	00:34:14	00:26:06	00:16:33	07:42	01:24:35
Dawn Collins	00:35:24	00:25:35	00:16:03	07:58	01:25:00
Chris Taylor	00:34:41	00:26:22	00:16:18	08:19	01:25:40
Rebecca Greenwood	00:35:03	00:26:52	00:16:29	07:38	01:26:02
Julie Roberts	00:35:40	00:26:34	00:15:57	07:53	01:26:04
Theresa de Beer	00:36:06	00:26:33	00:16:01	07:51	01:26:31
Amie Gardner	00:35:33	00:26:54	00:16:40	07:24	01:26:31
Rachel Cooke	00:37:02	00:26:39	00:15:55	07:42	01:27:18
Maggie Hawksworth	00:36:00	00:26:26	00:17:03	08:07	01:27:36
Adrian Leach	00:37:29	00:27:57	00:15:16	07:03	01:27:45
Ian Vogan	00:36:18	00:25:47	00:17:05	08:40	01:27:50
David Cooper	00:37:52	00:26:55	00:16:23	07:10	01:28:20
Denise Clark	00:36:51	00:27:05	00:16:31	08:14	01:28:41
Debbie Barton	00:36:17	00:28:58	00:17:22	07:50	01:30:27
Emily Chatwin	00:39:16	00:27:54	00:15:26	07:57	01:30:33
Jill Daly	00:38:03	00:26:55	00:17:52	08:09	01:30:59
Gill Bennett	00:39:06	00:27:10	00:17:03	07:59	01:31:18
James Davey	00:36:52	00:27:20	00:19:13	08:36	01:32:01
Charlotte Grace	00:40:27	00:27:15	00:16:43	07:55	01:32:20
Yvette McKinney	00:37:05	00:26:38	00:19:28	09:25	01:32:36
Julie Swanepoel	00:38:23	00:27:27	00:18:23	08:45	01:32:58
Daryl Pearson	00:40:30	00:28:39	00:16:15	08:29	01:33:53
Hayley Goldthorpe	00:38:34	00:28:40	00:18:09	08:39	01:34:02
Sarah Turner	00:40:50	00:28:47	00:18:55	07:05	01:35:37
Roger Waterhouse	00:40:24	00:28:28	00:18:34	08:31	01:35:57
Dawn Guttridge	00:40:28	00:29:27	00:17:49	08:26	01:36:10
Roy Simpson	00:41:50	00:27:49	00:18:47	08:27	01:36:53
Dawn Sketchley	00:41:03	00:30:13	00:17:36	08:09	01:37:01
Melanie Owen	00:40:40	00:31:34	00:17:43	08:15	01:38:12
Emma Bird	00:41:14	00:30:15	00:18:42	08:22	01:38:33

Amanda McKinnell	00:41:09	00:30:37	00:17:58	08:57	01:38:41
Katie Daly	00:42:39	00:30:26	00:19:26	07:59	01:40:30
Ros Kitchen	00:41:30	00:29:32	00:19:45	09:44	01:40:31
Jane Busfield	00:42:33	00:30:03	00:19:32	09:12	01:41:20
Chris Crowther	00:43:50	00:29:49	00:18:43	08:58	01:41:20
Stephen Berry	00:42:44	00:30:39	00:19:08	09:04	01:41:35
Victoria Peckover	00:45:44	00:29:13	00:19:10	08:35	01:42:42
Debbie Worthington	00:53:16	00:26:55	00:16:38	08:15	01:45:04
Sally Morris	00:43:54	00:33:26	00:18:32	09:29	01:45:21
Michael Higgitt	00:43:08	00:32:10	00:20:33	09:38	01:45:29
Wendy Berry	00:43:26	00:31:17	00:23:13	09:17	01:47:13
Cary Bernard	00:46:11	00:32:39	00:20:11	09:30	01:48:31
Emma Woodall	00:45:36	00:33:00	00:20:34	09:41	01:48:51
Stewart Haigh	00:46:47	00:31:56	00:21:22	09:27	01:49:32
Jeff Denton	00:45:10	00:34:15	00:21:19	10:08	01:50:52
Jessica Holt	00:48:02	00:33:32	00:20:16	09:12	01:51:02
Christine Hall	00:47:12	00:34:15	00:21:58	10:24	01:53:49
Kathryn Evans	00:51:15	00:34:42	00:21:35	10:57	01:58:29
Yvonne Stearn	00:51:29	00:37:03	00:24:38	10:44	02:03:54
Ruth Saville	00:52:17	00:38:09	00:26:42	10:59	02:08:07
Sarah Longfield	00:50:50	00:37:05	00:23:19	18:27	02:09:41
Roy Young	00:57:00	00:39:26	00:24:00	11:15	02:11:41
Alan Tattersall	00:50:20	00:35:20	00:35:40	11:09	02:12:29
Janice Hookham	00:53:33	00:40:10	00:26:04	13:27	02:13:14
Alison John-Baptiste	00:57:13	00:42:06	00:27:02	12:02	02:18:23
Elly Roberts	00:31:52	00:21:23	00:13:39		
Gail Wrangles	00:33:19	00:23:43	00:16:40		
Justin Hargraves	00:39:50	00:29:14	00:17:55		
Lindsay Pinder	00:51:30	00:38:18	00:21:45		
Linda Selby	00:59:42	00:46:12	00:24:52		
Victoria Burch	01:09:07	00:50:19	00:33:54		
Bill Winder	00:28:10	00:20:31		06:11	
Adam Connellan	00:29:35	00:21:22			
Carrie Simmonds	00:37:47	00:30:09			
Georgi Newton	00:41:39	00:31:15			
James Selby	00:47:14	00:34:40			
Helen Wainwright	00:47:16	00:36:04			
Emma Flanagan	00:52:07	00:38:43			
Lisette Jones	00:52:07	00:38:43			
Barbara Radecki		00:35:33	00:22:35	10:21	
Charles McKinney	00:30:03				
Christopher Sharp	00:39:43		00:19:09		
Debbie Macklam	00:42:41				
Elena Clark		00:30:37	00:20:23		
Emma Aldred		00:36:23			
Helen Gordon		00:32:15	00:21:44		
Ian Treanor	00:43:51				
James Roberts	00:28:58				
Lesley Needham	00:46:31				
Louise Clapham	00:54:00				
Maya McCormack		00:25:00	00:16:12		
Nicola Pashley	00:44:34		00:20:50		
Paul Barton		00:29:01			
Paul Gallagher		00:33:01	00:19:13		
Paul Lawrence	00:33:43				
Paul Zywicki	00:38:00				
Poppy Cooke	00:37:02				
Richard Burke	00:28:00				
Sally Hayward	00:55:33		00:43:33		

Sarah Cooper	00:36:04				
Sarah Powala	00:37:29				
Stephen Wong	00:38:13				
Tom Camponi	00:55:12				
Tracy Bridgett	00:49:51				