

Delayed Spring Handicap 23/24/25 June 2020

Note: Day 3 runners ran slightly longer course (+210m) due to decision to run along track inside the Country park instead of the almost adjacent concrete road due to aggressive driving and abuse to marshals by workers. Target times have been adjusted pro-rata but actual run times are shown. Run times will be adjusted when allocating Grand Prix points.

Overall Results

Name	Day	Run Time	Target	Under	Over
Ian Hill	3	33:10	36:11	03:01	
Daniel Strutt	2	25:15	27:36	02:21	
Christopher Strutt	2	21:02	22:55	01:53	
Beth Lunn	3	28:53	30:04	01:11	
David Hughes	2	22:02	23:07	01:05	
Richard Payne	1	28:17	29:20	01:03	
Alan Tattersall	1	35:13	36:03	00:50	
Debbie Sidwell	3	29:43	30:21	00:38	
Kevin Chippendale	2	26:33	27:05	00:32	
Sandy George	1	26:15	26:40	00:25	
Gail Wrangles	1	28:42	29:03	00:21	
Laura Mcadam	2	28:52	29:13	00:21	
Ian Treanor	1	32:52	33:12	00:20	
Paul Zywicki	1	30:34	30:50	00:16	
Martyn Stearn	4	29:53	30:08	00:15	
Yvonne Stearn	4	41:11	41:34	00:13	
Dawn Collins	1	29:42	29:54	00:12	
Charles McKinney	1	25:07	25:18	00:11	
Colin Turner	3	29:01	29:09	00:08	
Kevin Guttridge	3	26:34	26:35	00:01	
Dave Allison	1	27:09	27:10	00:01	
Christopher Field	1	29:34	29:34	00:00	
Ryan Aubrey	2	22:08	22:06		00:02
Leon Oczos	3	26:19	26:11		00:08
Charlotte Smith	2	27:16	27:07		00:09
Terry Mottram	1	26:53	26:41		00:12
Kerri Altinbas	2	33:16	33:04		00:12
Olivia Gardner	1	30:19	30:07		00:12
Rachael Speight	1	34:04	33:51		00:13
William Walker	1	25:46	25:32		00:14
Paul Bernardo	1	24:56	24:39		00:17
Nicola Thorpe	1	24:51	24:32		00:19
Alister Nicholl	1	25:59	25:39		00:20
Bradley Walker	2	21:24	21:03		00:21
Debbie Barton	2	32:16	31:51		00:25
Carl Ellison	3	22:15	21:50		00:25
Richard Smart	3	30:44	30:18		00:26
Tracy Bridgett	1	36:59	36:30		00:29
James Roberts	3	22:08	21:37		00:31
Darren Horobin	2	24:30	23:59		00:31
Catherine Warren	2	29:05	28:33		00:32
Richard Berry	2	24:25	23:47		00:38
Martin Wincer	3	28:13	27:33		00:40
Jeff Denton	1	36:50	36:09		00:41
Simon Bennett	1	23:07	22:26		00:41
Chris Taylor	1	29:35	28:53		00:42
Sally Hayward	1	37:10	36:27		00:43

Louise O'Marr	2	28:20	27:36		00:44
Emma Lister	1	26:30	25:46		00:44
Rebecca Greenwood	1	28:52	28:06		00:46
Liam Saddler	2	25:23	24:37		00:46
Hayley Goldthorpe	3	28:33	27:42		00:51
James Davey	1	27:27	26:35		00:52
Rebecca Winter	2	21:00	20:07		00:53
Sam Locket	2	23:59	23:06		00:53
Robert Milner	2	28:25	27:31		00:54
Gemma Hickingbotham	3	32:14	31:20		00:54
Jon Aldred	1	26:29	25:33		00:56
Mark Leadbeater	2	24:44	23:44		01:00
Wendy Berry	3	33:00	31:58		01:02
Emma Smith	2	28:02	26:59		01:03
Adrian Leach	1	23:46	22:43		01:03
Sarah Hunter	1	21:49	20:43		01:06
Cary Bernard	3	39:55	38:46		01:09
Stewart Haigh	3	36:19	35:03		01:16
Jenna Thompson	3	34:24	33:07		01:17
Julie Roberts	2	30:52	29:33		01:19
Sue Knowles	1	32:50	31:28		01:22
Emily Owen	2	28:17	26:55		01:22
Steve Wigglesworth	2	23:18	21:56		01:22
Sue Francis	1	26:20	24:57		01:23
Maggie Hawksworth	2	31:00	29:34		01:26
Simon Barber	1	22:03	20:33		01:30
Simon Speight	1	29:25	27:52		01:33
Peter Grimoldby	2	28:44	27:05		01:39
Andrew Mascarenhas	1	22:45	21:04		01:41
Carrie Simmonds	2	32:42	30:58		01:44
Paul Lawrence	1	27:25	25:38		01:47
Emma Evans	2	25:07	23:18		01:49
Julie Stafford	2	26:46	24:57		01:49
Rebecca Avery	1	35:51	34:01		01:50
Maya McCormack	3	29:08	27:15		01:53
Wendy Bourner	3	34:36	32:42		01:54
Nicolas Daudet	2	28:29	26:33		01:56
Jurie Swanepoel	3	26:00	24:02		01:58
Gavin Walker	2	21:18	19:19		01:59
Emma Woodall	1	37:36	35:29		02:07
Stephanie Field	1	34:29	32:20		02:09
Lucy Vamplew	1	27:18	25:04		02:14
Georgi Newton	1	36:37	34:23		02:14
Gemma Lund	1	29:31	27:06		02:25
Emma Flanagan	3	42:21	39:52		02:29
Sally Morris	2	36:11	33:38		02:33
Gail Tombs	3	33:34	30:56		02:38
Elena Clark	3	39:09	36:25		02:44
Amanda Mckinnell	1	34:12	31:23		02:49
Emily Chatwin	2	31:03	28:10		02:52
Mark Hull	3	34:52	31:59		02:53
Julie Swanepoel	3	35:47	32:53		02:54
Ruth Walker	3	31:26	28:30		02:56
Jill Daly	2	31:37	28:39		02:58
Chris Crowther	1	40:32	37:22		03:09
Paul Barton	2	34:20	31:03		03:17

Alison John-Baptiste	2	45:58	42:40		03:18
Rachel Cooke	2	31:21	27:58		03:23
Melanie Owen	2	38:34	35:01		03:33
David Sidwell	1	26:22	22:47		03:35
Sarah Turner	2	37:59	33:56		04:03
Nicola Pashley	3	39:55	35:46		04:09
Christopher Hartley	2	28:25	23:33		04:52
Tom Camponi	2	50:38	44:51		05:47
Gill Bennett	3	36:45	30:44		06:00
Stephen Berry	3	40:55	34:53		06:02
Lindsay Pinder	1	46:23	38:56		07:27
Tim Owen	3	45:52	37:29		08:23
Claire Hill	1	46:25	37:57		08:28
Emma Aldred	1	45:22	36:31		08:51
Roy Simpson	2	39:26	30:08		09:18
Helen Wainwright	1	46:18	36:49		09:29
Gary Wilson	2	55:55	46:00		09:55
Andrew Aubrey	1	44:00	25:52		18:08

Females

Beth Lunn	3	28:53	30:04	01:11	
Debbie Sidwell	3	29:43	30:21	00:38	
Sandy George	1	26:15	26:40	00:25	
Gail Wrangles	1	28:42	29:03	00:21	
Laura Mcadam	2	28:52	29:13	00:21	
Dawn Collins	1	29:42	29:54	00:12	
Charlotte Smith	2	27:16	27:07		00:09
Terry Mottram	1	26:53	26:41		00:12
Kerri Altinbas	2	33:16	33:04		00:12
Olivia Gardner	1	30:19	30:07		00:12
Rachael Speight	1	34:04	33:51		00:13
Yvonne Stearn	4	41:24	41:11		00:13
Nicola Thorpe	1	24:51	24:32		00:19
Debbie Barton	2	32:16	31:51		00:25
Tracy Bridgett	1	36:59	36:30		00:29
Catherine Warren	2	29:05	28:33		00:32
Sally Hayward	1	37:10	36:27		00:43
Louise O'Marr	2	28:20	27:36		00:44
Emma Lister	1	26:30	25:46		00:44
Rebecca Greenwood	1	28:52	28:06		00:46
Hayley Goldthorpe	3	28:33	27:42		00:51
Rebecca Winter	2	21:00	20:07		00:53
Gemma Hickingbotham	3	32:14	31:20		00:54
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Sue Francis	1	26:20	24:57		01:23
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Maya McCormack	3	29:08	27:15		01:53
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Emma Woodall	1	37:36	35:29		02:07
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Emma Flanagan	3	42:21	39:52		02:29
Sally Morris	2	36:11	33:38		02:33
Gail Tombs	3	33:34	30:56		02:38
Elena Clark	3	39:09	36:25		02:44
Amanda Mckinnell	1	34:12	31:23		02:49
Emily Chatwin	2	31:03	28:10		02:52
Julie Swanepoel	3	35:47	32:53		02:54
Ruth Walker	3	31:26	28:30		02:56
Jill Daly	2	31:37	28:39		02:58
Alison John-Baptiste	2	45:58	42:40		03:18
Rachel Cooke	2	31:21	27:58		03:23
Melanie Owen	2	38:34	35:01		03:33
Sarah Turner	2	37:59	33:56		04:03
Nicola Pashley	3	39:55	35:46		04:09
Gill Bennett	3	36:45	30:44		06:00
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Claire Hill	1	46:25	37:57		08:28
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Males					

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Liam Saddler	2	25:23	24:37		00:46
James Davey	1	27:27	26:35		00:52
Sam Locket	2	23:59	23:06		00:53
Robert Milner	2	28:25	27:31		00:54
Jon Aldred	1	26:29	25:33		00:56
Mark Leadbeater	2	24:44	23:44		01:00
Adrian Leach	1	23:46	22:43		01:03
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Paul Barton	2	34:20	31:03		03:17
David Sidwell	1	26:22	22:47		03:35
Christopher Hartley	2	28:25	23:33		04:52
Tom Camponi	2	50:38	44:51		05:47
Stephen Berry	3	40:55	34:53		06:02
Tim Owen	3	45:52	37:29		08:23
Roy Simpson	2	39:26	30:08		09:18
Gary Wilson	2	55:55	46:00		09:55
Andrew Aubrey	1	44:00	25:52		18:08

Fastest Females

Rebecca Winter	21:00
Sarah Hunter	21:49
Nicola Thorpe	24:51

Fastest Males

Christopher Strutt	21:02
Gavin Walker	21:18
James Roberts *	21:23
Bradley Walker	21:24
Carl Ellison *	21:29

* Adjusted time

Runners

Tuesday	48
Wednesday	42
Thursday	31
total	121

Under target 23

19.0%